



SPA MENU

Relaxation, rejuvenation, recuperation – whatever your reason for visiting the Spa at Château Élan Hunter Valley, we're dedicated to your peace of mind and physical wellbeing.

Treatment Rooms: our treatment rooms use custom designed massage beds for your comfort. Single person and dual rooms are available.

The Hydrolounge: this unique space is equipped with an outdoor hot spa bath, a cold plunge pool and an indoor Dry Heat Detox Box. There is also an open fire place and lounges.

Locker rooms: male and female lockers rooms are stocked with robes and slippers and high quality personal care products for your convenience.

Swimming pool: Château Élan at The Vintage has a salt-chlorinated 25m lap pool with shade sail, located a short walk from the spa complex.

PRODUCTS

Kerstin Florian a solution focused complete range of correcting cosmeceutical based skincare. Excellent for fine lines, aging skin, hyper pigmentation, or congested oily skin. Kerstin Florian provides immediate visible results for long term skin health.

Terraké is devoted exclusively to the most beautiful spas. Originating in France Terrake provides a complete sensorial journey of both mind and body. Enjoy the luxurious products in our Body Rituals.

Thalgo are experts in Marine Cosmetology and Spa Therapies and they draw their product richness and treatment effectiveness from the marine universe.

Terre & Mer by Thalgo is a certified organic sustainable range combining natural marine algae with organic plant extracts.

Your therapist will recommend products used during your treatment for home care use.

The Spa

CHÂTEAU ÉLAN HUNTER VALLEY
VINTAGE DRIVE ROTHBURY NSW 2320 AUSTRALIA
TELEPHONE 02 4998 2500 THESPA@CHATEAUVELAN.COM.AU
WWW.CHATEAUVELAN.COM.AU
BOOKINGS ARE ESSENTIAL





FACIAL TREATMENTS

Kerstin Florian

Correcting Advanced Repair Facial – 80min \$189

Advanced cosmeceutical facial customized to address specific skin conditions, especially fine lines, premature aging and hyper pigmentation.

Correcting Detox Facial – 50min \$159

A deep cleansing refining facial specifically designed for congested, oily and problematic skin conditions.

Correcting Pro Peel – 20min \$89

Using an exclusive 30% multi-acid peel, this facial provides immediate results.

Thalgo

Smoothing Collagen Facial – 50min \$159

Infused with pure collagen this facial softens, smooth's and brightens the complexion, great for sensitive skin types.

Hyaluronic Filler Facial – 50min \$169

Excellent for dehydrated skin type's Hyaluronic acid binds and attracts water to the skin to maintain suppleness and hydrate.

Silicium Lifting Facial – 80min \$179

A 'pick me up' for tired, aging skin types. The ultimate in anti-aging techniques with special bandages and a heated plaster mask!

Organic Facial – 50min \$159

Certified organic facial combining effective ingredients from organic orange blossom, immortelle and olive leaf.

Micro - Dermabrasion – 80 min \$199

Micro-dermabrasion combines gentle abrasion techniques, coupled with ultra hydrating facial products to provide the ultimate in exfoliation. Micro-dermabrasion will leave your skin more radiant, smooth and even toned.

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BODY TREATMENTS

Terraké Body Rituals

Awakening to the Earth– 110min \$269

Body Exfoliation / Shower / Hot Stone Body Massage

Exclusive sand exfoliation removes dry skin followed by a massage with warm, precious stones and crystals polished a thousand times, together with luxurious creams are artfully used to deeply relax your body.

Delectable Essence – 110min \$269

Body Exfoliation / Liana Ribbon Body Massage / Body Wrap

Smoothing brown sugar with green mandarin softens the skin. A massage with the exclusive 'Liana' ribbon is then performed with special stretching techniques that soothe the mind and body before you snuggle into a rich, creamy wrap made from sweetly scented fruit and cereal butters to completely nourish the body.

Thalgo Body Treatments

Indoceane – 80 min \$189

Body Exfoliation / Milk Bath / Body Wrap & Indian Head Massage

Let the ancient Indian aromas of this ritual drift your mind into a state of pure relaxation. Sweet & Savoury Body Scrub and Sublime Body Wrap transform your skin with absolute nourishment. Traditional Indian head massage completes this journey.

Marine Prelude – 80 min \$179

Body Exfoliation / Body Wrap / Moisturise

A heated treatment including an invigorating full body scrub with sea salts and a warm application of marine mud. A thermal blanket is then applied to assist the infusion of the active ingredients and encourages the body to eliminate toxins.

Polynesia Spa Ritual - 110min \$209

Body Exfoliation / Bath / Lomi Lomi Massage / Sacred Oil Infusion

A fusion of fragrant vanilla and coconut combine in this delicious ritual. After a smoothing body scrub slip into a fragrant bath then relax and unwind with our exclusive lomi lomi 'tuiponos' warm sand massage.

Wake Up Body Scrub - 50 minutes \$119

Body Exfoliation / Shower / Moisturise

Invigorating full body scrub to assist removal of rough dry skin followed by a warm shower. Complete this treatment with a hydrating moisture infusion.

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MASSAGES OF THE WORLD

Balinese Palming - 50min \$149 / 80min \$209

Lending our own style to techniques from Balinese ancient healing traditions, this deeply relaxing massage focuses on the body's main meridians with stretching and palm pressure.

Tibetan Hot Stone - 50min \$149 / 80min \$209

An original and effective massage combining the decongesting effects on muscular and nervous tension. Using warm volcanic stones and the hands of your therapist to induce deep relaxation and invite sleep.

Thai Herbal Compress - 50min \$149 / 80min \$209

A warm fusion of fragrant anti – inflammatory herbs are combined and steamed in your own personal 'Luk Pra Kob' which is used as a compress in a wave like motion over the body. Thermal therapy massage is excellent for deep relaxation.

Parisian Organic - 50min \$149 / 80min \$209

A gentle full body massage using pure French organic oil. Combining lymphatic drainage movements with organic linen neck stretching to assist the body's natural toxin removal process.

Swedish Relaxation - 50min \$139 / 80min \$209

Dance-like flowing style massage with a collection of classical European techniques designed to relax and improve circulation.

Pregnancy - 50min only \$139

A nurturing and safe massage designed for new mums and mums-to-be (after the first trimester)

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Hands and Feet

Deluxe Spa Manicure – 50 min \$119

Deluxe Spa Pedicure – 50 min \$119

Add \$10 for French polish

Exclusive to Chateau Elan our deluxe pedicures and manicures are unlike any other. Reclined in your private treatment room relax and enjoy a warm soak, invigorating scrub, cuticle & nail work, signature massage and mask therapy with hot towel infusions including an eye treatment and blissful scalp massage! Finish this amazing treatment with the nail colour of your choice.

Hair and Scalp

Soothing Scalp and Hair - 20 min \$59

Our exclusive essential oil blends are combined with a warmed nourishing oil to perform a meditative sequence of tension relieving massage movements on the head, neck, face and shoulders completed with a steaming towel wrap.

Men's Zone

Correcting Detox Facial – 50min \$159

A deep cleansing refining facial specifically designed for congested, oily and problematic skin conditions.

Recovery Massage - 50min \$149 / 80min \$209

Starting with a foot soak and reflex point massage to relieve tired feet this treatment moves into a personally customized body massage. Designed to treat muscular pain and to increase your range of motion with stretching techniques.

Hand & Foot Therapy – 50min \$99 (*men only*)

Lay back and relax whilst your hands and feet are transformed. Including foaming hand & foot soak, scrub, nail tidy, massage complete with a steaming hot towel compress.

Enhancements – *May be added to an existing full length treatment only*

- Swedish Massage 25mins \$79
- Balneotherapy 25min \$59
- Thalgo Mini Facial 25min \$89
- Blink Collagen Eye Treatment 15min \$49

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SPA PACKAGES

Spa Escape - 80min \$229

Escape into pure bliss with this trio of mini spa experiences. Start with a hydrating mini Thalgo facial and whilst you're relaxing enjoy a mini pedicure & mini manicure.

Chateau Elan Signature - 100min \$259

Rejuvenate your skin from top to toe with this indulgent signature treatment. Begin with a 'riffi' mitt full body exfoliation to help remove dry skin followed by a 'sublime body wrap' to deeply nourish. Complete your journey with a specialised Thalgo facial.

Mother to Be - 140min \$299

A nurturing spa package designed for mums-to-be (after the first trimester) & new mums. Commence with a pregnancy massage to help relieve strain on knees and back and increase blood & lymph flow, then drift away whilst your therapist delivers a customised facial to suit your skin type and finish with a relaxing foot ritual.

Couples Retreat - 140min \$289 each

Spoil the one you love with this pure decadent spa experience. Begin your journey together in one of our dual spa suites with an invigorating body scrub rich in marine extracts then slip into your own private geisha tub with the aroma of your choice, then unwind with a Swedish massage side by side and to finish off a blissful scalp massage and glass of sparkling wine!

Half Day Heaven - 2hrs \$295

Half a day of pure bliss! Relax prior to your treatment in our Hydrolounge and enjoy the invigorating benefits of our hot & cold plunge pools and Detox Box. Then unwind with a relaxing Swedish full body massage, and to conclude your journey finish off with a Thalgo 'Organic' customised facial. This package also includes a lovely 'Organic' hand cream to take home!

Body Beautiful - 4hrs \$499

For those who really want to be pampered! Relax prior to your treatment in our Hydrolounge then enjoy an invigorating Thalgo Marine Prelude heated body wrap and exfoliation, 90min Swedish massage, Ion Cleanse foot therapy and luxurious Soothing Scalp & Hair treatment. This package also includes a delicious spa mini lunch platter and mineral water.

Spa packages are subject to availability and must be booked in advance. All packages include complimentary Hydrolounge use 60 minutes prior to treatment, including Detox Box, outdoor heated spa and cool plunge pool.

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Etiquette

How to Spa at Château Élan

Please arrive at least 15 minutes before your scheduled appointment; arriving late will limit the length of your treatment time. Treatments will always finish as scheduled in order to not inconvenience the next guest. Should you wish to use The Hydrolounge facilities prior to your appointment, we recommend arriving at least one hour early.

Cancellation or rescheduling of your appointment requires 24 hours notice in advance. A credit card number is required at the time of booking to secure your spa appointment. If you fail to show for your appointment without notice the total treatment cost will be charged. No shows will also incur payment of the total treatment cost.

*All spa services are inclusive of GST and may be subject to change without notice.
Hotel guests may charge spa services to their room account.*

Lockers, robes and slippers are provided on arrival. Disposable underwear and all amenities are provided during your treatment. Appropriate swimwear is required at all times in the public spa, Detox box, pools and relaxation lounges.

If there is anything in your medical history including serious illness, impaired immunity, allergies and current medication that could interfere with your experience at Château Élan, we need to know at the time of booking. This is for your safety.

Please note, if you are pregnant, we need to know about it, however many of our treatments are suitable during this special time in your life. Our team can help customise a package for you after the first trimester.

The minimum age requirement for spa treatment is 18.

Alcohol or non prescription drugs must not be taken prior to your spa treatment. Guests under the influence will be asked to leave the spa in the best interests of their health. Our Spa environment is one of relaxation and tranquility. In light of this, our spa is a mobile phone and smoke free environment.

You are never required to be completely undressed during any treatments, but state of undress is a personal choice. Our therapists are trained in the art of draping the body so your modesty is always maintained.

Please do not bring jewellery and valuables to the spa.

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Give the Gift...

Château Élan Gift Vouchers can be configured to any amount for any experience at Australia's finest spa resort.

Chateau Elan Hunter Valley

Vintage Drive
Rothbury NSW 2320

For an appointment please contact
Telephone 02 4998 2500
Email thespa@chateauelan.com.au
www.chateauelan.com.au

Opening hours
Daily 9.00am – 7.00pm including public holidays
Appointments outside these hours are available by request
Closed Christmas Day

Public Holiday surcharge applies

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